

NEW SHOP!

A SHED LOAD

OF 'GOODNESS'

DRY ORGANIC FOODS.

NUTS, SEEDS, PULSES, GRAINS,
FLOUR, FRUITS AND CEREALS.

NO SINGLE-USE PLASTIC

FIND US ALONG THE ROAD BETWEEN BOW AND ZEAL
MONACH DRUM, PAST SUTTON FARM AND ON THE LEFT.

INITIAL HOURS FOR 2020

MON, TUES, WEDS, FRI, SAT.

9.30AM-1PM

CLOSED ON SUNDAYS AND THURSDAYS

10% OFF FOR THOSE WHO BUS/WALK, CYCLE, RIDE THEIR HORSE OR VISIT WITH A CAR FULL OF
PEOPLE

CASH OR CHEQUES ONLY PLEASE